

This is a short and easy trek for those who want to experience the cultural aspects of Bhutan but also want to enjoy a little exercise in our beautiful natural environment.

Day 1: Arrive at Paro, clear immigration and customs, I will meet as you exit the airport, and take you to the hotel. Orientation. Visit the National Museum of Bhutan and Paro Dzong. Overnight at hotel.

Day 2: Sightseeing in Paro Valley. Overnight at hotel.

Day 3: Walk/hike to Tiger's Nest, Taktshang Monastery. Lunch at Taktshang teahouse with its spectacular view of the famous monastery. Overnight at hotel.

Day 4: Morning drive to Punakha via the Dochu Pass, from where, on clear days, there is a great view of the Himalayas. Punakha and Wangdi valleys sightseeing in the afternoon. Overnight at hotel.

Day 5: Early morning drive to Bumthang. Midway lunch at Chendebji Chorten. Overnight at lodge.

Day 6: Bumthang valley sightseeing. Overnight at lodge.

Day 7: Trekking begins with 6 hour, 12 km walk between Bumthang and Ngang Lhakang, at a maximum altitude of about 2900m.

Day 8: Nagang Lhakang to Ugyen Choling, 7-8hrs 16 km walk at about the same altitude.

Day 9: Ugyen Choling to Jakar, our trek ends with a short 3 hour walk along the river. Overnight at lodge.

Day 10: Bumthang to Punakha. Lunch again at Chendebji Chorten. On route visit the Trongsa Dzong. Overnight at hotel.

Day 11: Morning drive to Thimphu Time for curio and souvenir shopping. Overnight at hotel.

Day 12: Sightseeing in Thimphu valley area, including Dzongs, monasteries, and nunnery. Evening drive to Paro. Farewell dinner and overnight at hotel.

Day 13: Drive to airport in time to check in for your early morning departure